

VERULAM AMATEUR SWIMMING CLUB
(Affiliated to ASA East Region)
www.verulam-asc.org.uk

CLUB RECORDS

GIRLS

Under 9	Name	Time	Date	Meet
25 Free	Elena Baccas	18.50	25/04/2009	Peanuts League 2009 Round 1
25 Back	Isabel Donovan	20.92	20/06/2009	Verulam Intra-club gala
25 Breast	Chloe Arnold	22.34	11/2006	Verulam Club Champs
25 Fly	Grainne Kellett	26.03	07/11/2009	Verulam Club Champs

9 yrs				
25 Free	Charlotte Fillmore	15.11	14/06/2008	Peanuts League Round 2
25 Back	Isabel Donovan	20.41	15/05/2010	Peanuts League Round 2
25 Breast	Chloe Arnold	24.23	10/05/2008	Peanuts League Round 1
25 Fly	Chloe Arnold	21.76	14/06/2008	Peanuts League Round 2
50 Free	Elena Baccas	36.38	06/03/2010	Herts County Champs
50 Back	Charlotte Fillmore	45.39	25/05/2008	Stevenage Open Meet
50 Breast	Freya Bennett	50.66	06/03/2010	Herts County Champs
50 Fly	Elena Baccas	47.06	08/05/2010	Stevenage Open Meet
100 Free	Charlotte Fillmore	1:23.37	25/05/2008	Stevenage Open Meet
100 Back	Charlotte Fillmore	1:35.73	25/05/2008	Stevenage Open Meet
100 Breast	Freya Bennett	1:52.80	08/05/2010	Stevenage Open Meet
75 SIM	Heather Kersey	1:16.31	08/02/2009	Sprint Meet
100 IM	Elena Baccas	1:40.31	26/01/2010	Verulam Time Trials
200 Free	Heather Kersey	3:06.66	07/03/2009	Herts County Champs
400 Free	Elena Baccas	7:43.03	17/12/2009	Verulam Time Trials
200 Back	Heather Kersey	3:31.96	07/03/2009	Herts County Champs
200 Breast	Elena Baccas	3:54.27	06/03/2010	Herts County Champs
200 IM	Elena Baccas	3:37.59	26/01/2010	Verulam Time trials

10 yrs	Name	Time	Date	Meet
25 Free	Charlotte Fillmore	16.12	07/02/2009	Herts Major League Round 2
25 Back	Rosie Shreeves	20.74	21/06/2009	John Basford Memorial Trophy
25 Breast	Emily Muggleton	22.44	10/05/2008	Peanuts League Round 1
25 Fly	Charlotte Fillmore	19.57	20/06/2009	Verulam Intra-club gala
50 Free	Charlotte Fillmore	35.05	20/06/2009	Verulam Intra-club gala
50 Back	Rosie Shreeves	39.63	27/02/2010	Herts Major League Round 3
50 Breast	Emily Muggleton	45.83	25/05/2008	Stevenage Open Meet
50 Fly	Chloe Arnold	41.11	07/03/2009	Herts County Champs
100 Free	Charlotte Fillmore	1:17.02	04/04/2009	CoStA/Verulam Club Champs
100 Back	Chloe Arnold	1:33.19	04/04/2009	CoStA/Verulam Club Champs
100 Breast	Rosie Shreeves	1:47.49	25/05/2008	Stevenage Open Meet
100 Fly	Chloe Arnold	1:40.19	04/04/2009	CoStA/Verulam Club Champs
100 IM	Chloe Arnold	1:31.07	07/03/2009	Herts County Champs
200 Free	Chloe Arnold	3:03.35	07/03/2009	Herts County Champs
400 Free	Rosie Shreeves	7:36.22	17/12/2009	Verulam Time Trials

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800 Free	Charlotte Fillmore	12:27.06	07/03/2009	Herts County Champs
200 Back	Charlotte Fillmore	3:05.46	07/03/2009	Herts County Champs
200 Breast	Chloe Arnold	3:47.10	07/03/2009	Herts County Champs
200 IM	Chloe Arnold	3:13.57	07/03/2009	Herts County Champs

11 yrs	Name	Time	Date	Meet
50 Free	Charlotte Fillmore	34.65	29/11/2009	Hitchin Open Meet
50 Back	Charlotte Fillmore	39.07	29/11/2009	Hitchin Open Meet
50 Breast	Emily Muggleton	41.11	07/03/2009	Herts County Champs
50 Fly	Emily Muggleton	36.74	07/03/2009	Herts County Champs
100 Free	Charlotte Fillmore	1:15.44	07/11/2009	Verulam Club Champs
100 Back	Charlotte Fillmore	1:27.70	07/11/2009	Verulam Club Champs
100 Breast	Emily Muggleton	1:31.33	07/03/2009	Herts County Champs
100 Fly	Emily Muggleton	1:26.60	07/03/2009	Herts County Champs
100 IM	Emily Muggleton	1:25.66	08/02/2009	Sprint Meet
200 Free	Emily Muggleton	2:46.80	07/03/2009	Herts County Champs
400 Free	Charlotte Fillmore	5:51.07	07/11/2009	Verulam Club Champs
800 Free				
200 Back	Charlotte Fillmore	3:09.22	18/10/2009	200s Meet
200 Breast	Emily Muggleton	3:21.87	07/03/2009	Herts County Champs
200 Fly	Charlotte Fillmore	3:45.94	14/12/2009	Verulam time trials
200 IM	Emily Muggleton	2:58.15	07/03/2009	Herts County Champs

12 yrs	Name	Time	Year	
50 Free	Suzy Heath	33.32	24/04/2010	Peanuts League Round 1
50 Back	Elizabeth Healey	38.74	15/11/2008	Verulam Club Champs
50 Breast	Emily Muggleton	42.16	05/07/2009	Summer Sprints Meet
50 Fly	Emily Muggleton	32.07	04/07/2009	Peanuts League Round 3
100 Free	Elizabeth Healey	1:16.79	08/11/2008	Speedo League Round 1
100 Back	Eloise Tinkler	1:27.29	08/11/2008	Speedo League Round 1
100 Breast	Amber Meakins	1:34.60	27/02/2010	Herts Major League Round
100 Fly	Emily Muggleton	1:26.95	05/07/2009	Summer Sprints Meet
100 IM	Emily Muggleton	1:23.66	13/06/2009	Potters Bar Summer Open
200 Free	Elizabeth Healey	2:49.82	15/11/2008	Verulam Club Championships
400 Free	Elizabeth Healey	6:03.03	15/11/2008	Verulam Club Championships
800 Free	Elizabeth Healey	12:48.78	15/11/2008	Verulam Club Championships
200 Back	Lauren Herlock	3:25.97	18/10/2009	200s Meet
200 Breast				
200 Fly	Lauren Herlock	3:45.10	18/10/2009	200s Meet
200 IM	Emily Muggleton	3:02.99	05/07/2009	Summer Sprints Meet

13 yrs	Name	Time	Year	
50 Free	Eloise Tinkler	34.04	06/03/2010	Herts County Champs
50 Back	Eloise Tinkler	1:22.89	09/01/2010	Herts Major League
50 Breast	Amy Webb	45.21	08/02/2009	Sprint Meet
	Amber Meakins	45.21	16/01/2010	Costa Club Champs Sprints

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50 Fly	Amy Webb	39.21	07/02/2009	Herts Major League Round 2
100 Free	Victoria Healey	1:09.36	07/11/2009	Verulam Club Champs
100 Back	Eloise Tinkler	37.39	06/03/2010	Herts County Champs
100 Breast	Suzy Heath	1:36.54	12/12/2009	National Arena League R 3
100 Fly	Victoria Healey	1:22.51	05-03-2006	Herts County Champs
100 IM	Victoria Healey	1:19.78	05-03-2006	Herts County Champs
200 Free	Victoria Healey	2:35.27	04-03-2006	Herts County Champs
400 Free	Amy Webb	5:50.66	15/11/2008	Verulam Club Champs
800 Free	Amy Webb	12:19.02	15/11/2008	Verulam Club Champs
200 Back	Eloise Tinkler	2:57.32	26/01/2010	Verulam Time trials
200 Breast	Eloise Tinkler	3:31.68	14/12/2009	Verulam time trials
200 IM	Eloise Tinkler	3:01.08	14/12/2009	Verulam time trials

14-15 yrs	Name	Time	Year	
50 Free	Victoria Healey	29.71	25/05/2008	Stevenage Open Meet
50 Back	Victoria Healey	34.80	11/2006	Verulam Club Champs
50 Breast	Louise Lowe	38.44	11/2006	Verulam Club Champs
50 Fly	Victoria Healey	32.96	25/05/2008	Stevenage Open Meet
100 Free	Georgina Thornton	1:03.11	25/05/2008	Stevenage Open Meet
100 Back	Victoria Healey	1:15.16	25/05/2008	Stevenage Open Meet
100 Breast	Louise Lowe	1:21.26	01-03-2008	HertsCounty Champs
100 Fly	Victoria Healey	1:14.47	25/05/2008	Stevenage Open Meet
100 IM	Victoria Healey	1:14.02	25/05/2008	Stevenage Open Meet
200 Free	Georgina Thornton	2:22.60	01-03-2008	Herts County Champs
400 Free	Camilla Cameraa	5:38.00	07/11/2009	Verulam Club Champs
800 Free	Georgina Thornton	10:27.57	03-03-2007	Herts County Champs
200 Back	Georgina Thornton	2:42.37	03-03-2007	Herts County Champs
200 Breast	Devon Meakins	3:25.09	14/12/2009	Verulam time trials
200 IM	Georgina Thornton	2:44.20	03-03-2007	Herts County Champs

16-18 yrs	Name	Time	Year	
50 Free	Georgina Thornton	29.51	07/03/2009	Herts County Champs
50 Back	Georgina Thornton	33.23	07/03/2009	Herts County Champs
50 Breast	Victoria Healey	34.03	16/01/2010	Costa Club Champs Sprints
50 Fly	Victoria Healey	34.03	10/10/2009	National Arena League R1
100 Free	Georgina Thornton	1:03.43	07/02/2009	Herts League Round 2
100 Back	Georgina Thornton	1:10.81	28/02/2009	Herts League Round 3
100 Breast	Louise Lowe	1:22.62	11/2007	Verulam Club Champs
100 Fly	Georgina Thornton	1:11.51	11/2007	Verulam Club Champs
100 IM	Georgina Thornton	1:14.37	11/2007	Verulam Club Champs
200 Free	Georgina Thornton	2:21.45	11/2007	Verulam Club Champs
400 Free	Georgina Thornton	5:07.38	15/11/2008	Verulam Club Champs
800 Free	Georgina Thornton	10:50.22	15/11/2008	Verulam Club Champs
200 Back	Georgina Thornton	2:37.24	01-03-2008	Herts County Champs
200 Breast				
200 IM	Georgina Thornton	2:40.03	07/11/2009	Verulam Club Champs

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BOYS

Under 9	Name	Time	Year	
25 Free	Samuel McConnell	19.16	24/04/2010	Peanuts League Round 1
25 Back	Sammy Parker	24.37	11/2008	Verulam Club Champs
25 Breast	Sammy Parker	29.27	11/2008	Verulam Club Champs
25 Fly				

9 yrs				
25 Free	Michael Camerea	17.10	14/06/2008	Peanuts League Round 2
25 Back	Samuel McConnell	20.45	15/05/2010	Peanuts League Round 2
25 Breast	Samuel McConnell	22.36	03/07/2010	Peanuts League Round 3
25 Fly	Samuel McConnell	19.02	15/05/2010	Peanuts League Round 2
50 Free	Eoin Kellett	38.81	27/02/2010	Herts Major League Round 3
50 Back	Samuel McConnell	42.52	06/03/2010	Herts County Champs
50 Breast	William Raymond	52.82	08/05/2010	Stevenage Open Meet
50 Fly	Samuel McConnell	46.66	08/05/2010	Stevenage Open Meet
100 Free	Tommy Colbourne	1:32.40	10/05/2009	Stevenage Open Meet
100 Back	Samuel McConnell	1:34.25	08/05/2010	Stevenage Open Meet
100 Breast	Sammy Parker	1:54.36	17/12/2009	Verulam Time Trials
75 SIM	Sammy Parker	1:23.71	08/02/2009	Sprint Meet
100 IM	Sammy Parker	1:40.21	29/11/2009	Hitchin Open Meet
200 Free				
400 Free				
200 Back	Callum Keane	3:31.92	18/10/2009	200s Meet
200 Breast	Sammy Parker	3:59.97	17/12/2009	Verulam time trials
200 IM	Samson Alexander	4:02.56	14/12/2009	Verulam time trials

10 yrs	Name	Time	Year	
25 Free	Samson Alexander	16.10	03/07/2010	Peanuts League Round 3
25 Back	Luke Ashton	19.42	31/01/2009	Chiltern League Round 1
25 Breast	Stanley Tinkler	19.88	07/02/2009	Herts League Round 2
25 Fly	Harry Parker	16.63	07/02/2009	Herts League Round 2
50 Free	Harry Parker	34.33	05/07/2009	Summer Sprints Meet
50 Back	Harry Parker	39.47	07/03/2009	Herts County Champs
50 Breast	Harry Parker	45.91	07/03/2009	Herts County Champs
50 Fly	Harry Parker	39.09	07/03/2009	Herts County Champs
100 Free	Harry Parker	1:19.14	04/04/2009	CoStA/Verulam Club Champ
100 Back	Harry Parker	1:28.91	10/05/2009	Stevenage Open Meet
100 Breast	Harry Parker	1:43.58	05/07/2009	Summer Sprints Meet
100 Fly				
100 IM	Stanley Tinkler	1:28.89	08/02/2009	Sprint Meet
200 Free	Harry Parker	2:53.34	07/03/2009	Herts County Champs
400 Free				
800 Free				

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200 Back	Harry Parker	3:13.58	10/05/2009	Stevenage Open Meet
200 Breast	Harry Parker	3:48.06	10/05/2009	Stevenage Open Meet
200 IM	Harry Parker	3:17.01	05/07/2009	Summer Sprints Meet

11 yrs	Name	Time	Year	
50 Free	Stanley Tinkler	34.33	13/06/2009	Potters Bar Summer Open
50 Back	Michael Cameraa	40.01	09/01/2010	Herts Major League
50 Breast	Stanley Tinkler	43.94	17/12/2009	Verulam Time Trials
50 Fly	Stanley Tinkler	36.19	14/11/2009	National Arena League R2
100 Free	Stanley Tinkler	1:19.47	04/04/2009	CoStA/Verulam Champ
100 Back	Luke Ashton	1:26.26	10/05/2009	Stevenage Open Meet
100 Breast	Stanley Tinkler	1:36.00	17/12/2009	Verulam Time Trials
100 Fly	Stanley Tinkler	1:30.16	14/11/2009	National Arena League R2
200 Fly	Stanley Tinkler	3:41.72	07/03/2009	Herts County Champs
100 IM	Stanley Tinkler	1:24.85	17/12/2009	Verulam Time Trials
200 Free	Rob Van Tromp	2:44.89	29-03-2003	Herts County Champs
400 Free	JackFitzgeraldSmith	6:22.88	15/11/2008	Verulam Club Champ
200 Back	Luke Ashton	3:08.01	10/05/2009	Stevenage Open Meet
200 Breast	Jack Donoghue	3:22.72	05-03-2005	Hertfordshire County Champs
200 IM	Stanley Tinkler	3:03.33	14/12/2009	Verulam Time Trials

12 yrs	Name	Time	Year	
50 Free	James Devine	31.52	11/2006	Verulam Club Champs
50 Back	James Devine	37.91	11/2006	Verulam Club Champs
50 Breast	Stanley Tinkler	41.88	24/04/2010	Peanuts League Round 1
50 Fly	Stanley Tinkler	33.84	08/05/2010	Stevenage Open Meet
100 Free	Jack Donoghue	1:11.48	11-03-2006	Herts County Champ
100 Back	Jack Donoghue	1:20.40	18-03-2006	Herts County Champ
100 Breast	Jack Donoghue	1:30.08	19-03-2006	Herts County Champ
100 Fly	Jack Donoghue	1:19.68	04-03-2006	Herts County Champs
100 IM	James Devine	1:19.61	11/2006	Verulam Club Champs
200 Free	James Devine	2:32.37	11/2006	Verulam Club Champs
400 Free	James Devine	5:31.63	04-03-2006	Herts County Champ
200 Back	James Devine	2:53.83	18-03-2006	Herts County Champ
200 Breast	Jack Donoghue	3:07.77	04-03-2006	Herts County Champs
200 IM	James Devine	2:58.37	11-03-2006	Herts County Champs

13 yrs	Name	Time	Year	
50 Free	Jack Donoghue	30.36	03-03-2007	Herts County Champs
50 Back	Charlie Donoghue	35.45	15/11/2008	Verulam Club Champs
50 Breast	Jack Donoghue	37.34	03-03-2007	Herts County Champs
50 Fly	Jack Donoghue	32.51	17-03-2007	Herts County Champs
100 Free	Jack Donoghue	1:04.16	17-03-2007	Herts County Champs
100 Back	Jack Donoghue	1:15.74	17-03-2007	Hertfs County Champs
100 Breast	Jack Donoghue	1:22.17	17-03-2007	Herts County Champs

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100 Fly	Jack Donoghue	1:16.25	03-03-2007	Herts County Champs
100 IM	Jack Donoghue	1:15.55	10-03-2007	Herts County Champs
200 Free	Jack Donoghue	2:26.03	17-03-2007	Herts County Champs
400 Free	James Devine	5:14.71	10-03-2007	Herts County Champs
1500 Free	Elijah Eaves-Bunce	23:28.50	07/11/2009	Verulam Club Champs
200 Back	Elijah Eaves-Bunce	3:09.58	18/10/2009	200s Meet 2009
200 Breast	Charlie Donoghue	3:07.77	16/05/2010	Kate Lack Trophy Meet
200 IM	James Devine	2:46.68	17-03-2007	Herts County Champs

14-15 yrs	Name	Time	Year	
50 Free	Lewis Childs	27.62	07/03/2009	Herts County Champs
50 Back	Lewis Childs	33.69	08/02/2009	Sprint Meet
50 Breast	Jack Donoghue	35.73	07/03/2009	Herts County Champs
50 Fly	Jack Donoghue	31.00	15/11/2008	Verulam Club Champs
100 Free	Lewis Childs	1:02.83	10/05/2009	Stevenage Open Meet
100 Back	Jack Donoghue	1:11.64	07/03/2009	Herts County Champs
100 Breast	Jack Donoghue	1:19.04	15/11/2008	Verulam Club Champs
100 Fly	Jack Donoghue	1:09.47	15/11/2008	Verulam Club Champs
100 IM	Stuart Webb	1:13.19	11/2006	Verulam Club Champs
200 Free	Rob Van Tromp	2:20.86	19-03-2006	Herts County Champs
400 Free	Rob Van Tromp	5:06.26	22-01-2006	Biggleswade 7th Open
1500 Free	Jack Donoghue	21:27.79	15/11/2008	Verulam Club Champs
200 Back	Rob Van Tromp	2:40.36	18-03-2006	Herts County Champ
200 Breast				
200 Fly	James Devine	2:55.37	10/05/2009	Stevenage Open Meet
200 IM	Jack Donoghue	2:42.21	15-03-2008	Herts County Champs

16-18 yrs	Name	Time	Year	
50 Free	Lewis Childs	27.35	16/05/2010	Kate Lack Trophy Meet
50 Back	Rob Van Tromp	31.20	07/03/2009	Herts County Champs
50 Breast	Stuart Webb	38.68	17/12/2009	Verulam Time Trials
50 Fly	Jack Donoghue	30.67	06/03/2010	Herts County Champs
100 Free	Tom Hayward	55.63	19/04/?	Herts League Round 3
100 Back	Rob Van Tromp	1:06.51	14/11/2009	National Arena League R 2
100 Breast	Rob Van Tromp	1:15.75	07/11/2009	Verulam Club Champs
100 Fly	Tom Hayward	1:05.02	11/2007	Verulam Club Champs
100 IM	Tom Hayward	1:06.89	11/2006	Verulam Club Champs
200 Free	Tom Hayward	2:07.23	11/2006	Verulam Club Champs
400 Free	Rob Van Tromp	4:43.62	15/11/2008	Verulam Club Champs
1500 Free	Rob Van Tromp	19:59.03	07/11/2009	Verulam Club Champs
200 Back	Rob Van Tromp	2:26.10	07/03/2009	Herts County Champs
200 Breast	Stuart Webb	3:03.14	14/12/2009	Verulam time trials
200 Fly				
200 IM	Rob Van Tromp	2:23.90	14/12/2009	Verulam time trials

8/7/2010