Don't sit around watching your kid training!! Please help the club, assist the coach and become a Poolside Helper

We are in need of poolside helpers to assist the coaches during training sessions but unfortunately as with everything else these days there is a course to attend before being allowed to help.

This course is an introduction to helping/assisting on poolside. Basic information will be gained in aspects ranging from equipment use to teaching/coaching pupils in the water. The minimum age for this course is 14 years old.

There are 3 courses available in September lasting from 6:00pm to 9:00pm on a Friday night at Stevenage Swimming pool and will be paid for by the club. If you would like to help please add your name to the list below on the date preferred:

POOLSIDE HELPER		
3rd September 2010	**10th September 2010**	**17th September 2010**